



Expedition Medicine & Field Skills 18th – 22nd June 2018, Chamonix

TEACHING TEAM

Dr Harvey Pynn MA FRCEM DMM (UIAA) DMCC DTM&H DipIMC, WMT Medical Director

Harvey is a Consultant in Emergency Medicine at Bristol Royal Infirmary and an Honorary Consultant and clinical governance lead in Pre-Hospital Emergency Care with Great Western Air Ambulance. He has undertaken several operational tours across the world whilst serving in the Armed Forces. Harvey has completed more than 10 expeditions worldwide – mainly in mountain and jungle areas (both as leader and doctor). He holds the Mountain Leader award and is an ALS, APLS and MOET Instructor. Harvey has interests in trauma, environmental and tropical medicine and has completed the diplomas in mountain medicine, medical care of catastrophes and the diploma in tropical medicine in London. Amongst his many publications Harvey recently authored a guideline for expedition medic paper with the Faculty of Pre-hospital care at the Royal College of Surgeons of Edinburgh. He is a contributing author to the 2nd Ed of the Oxford Handbook in Expedition and Wilderness medicine. Harvey medically advises Nord Anglia education in their international outdoor education programme. He is the educational supervisor for several expedition medicine clinical fellows in Bristol and supervises a popular SSM for Bristol medical students learning about wilderness medicine. On the expedition front, in April 2010 Harvey completed the gruelling Marathon de Sables in Morocco for the charity Mencap and more recently took part in a medical research expedition to the Cordillera Real of the Bolivian Andes. Harvey was appointed WMT Medical Director in August 2013 after 10 years of teaching, developing and directing WMT courses. (April '18)

Barry Roberts BSc BEd, WMT Commercial Director

Baz has maintained a long-standing interest in adventure and wilderness medicine since ski patrolling, climbing and leading canoe expeditions in Canada starting at age 15. As a co-founder of WMT he has developed, managed and instructed on WMT courses for 27 years. He was a Director of Raleigh International and has 40+ diverse international expeditions under his belt, mostly as the leader, and mainly to the mountains in East Africa, India, Nepal, Pakistan, Tibet and Greenland. He is an advanced diver, paraglider pilot, skydiver (now retired), a qualified Day Skipper, ski instructor and ski mountaineer. He is the co-author of Staying Alive Off-piste, a contributing author to the OUP expedition medicine handbook (3 chapters) and author of many adventure magazine features. From '04 to '08 he was an ambassador for The North Face. Expedition highlights include taking young cancer survivors to climb Mt. Kenya, attempting Everest and guiding the first winter ascent of the highest mountain in the Arctic (Gunnsbjornsfjeld in Greenland) from which he paraglided off. (April '18)

Luc Bellon IFMGA Mountain Guide

Luc is French and an internationally qualified high mountain guide and ski instructor with an extensive background in mountain rescue as a former mountain policeman with the PGHM. He has worked extensively with Barry Roberts running ski courses and corporate events in Chamonix and he has supported WMT's Chamonix courses in summer and winter for the past 8 years.

Jodie Blackadder-Weinstein MBChB BSc MRCGP DFSRH PgDipSMEH RAF

Jodie is a portfolio GP, her roles including clinical sessions, research, teaching, sports medicine, crowd doctoring, spreading the joy of GP as a career and of course escaping on adventures whenever she can! Some of her roles include:

- Lecturer General Practice *Academic Department of Military General Practice*
- Chair First 5 National Committee *RCGP*
- Educational Lead *British Society Lifestyle Medicine*
- Academy Doctor *Birmingham City Football Club*

Carron Scrimgeour EM Consultant, Sallanche – to be confirmed

Carron has a French mother and a British father and was schooled bilingually in Paris. He studied medicine at Edinburgh Medical School and was a house officer in Falkirk. Between 2002-2004 he studied emergency medicine in France, initially in Moutiers, working mountain rescue from the Courchevel base. From 2004 onwards he worked in Chamonix/Sallanches emergency medicine, progressing to consultant level in 2010. Between 2006 and 2012 he was a member of the esteemed PGHM (Peloton de Gendarmerie de Haute Montagne), the full-time mountain rescue team in Chamonix and was awarded the "Medal of Mountain rescue" in 2009. A keen climber, biker and skier, Carron has been on the ski-mountaineering circuit for the last 10 years and completed all the major races. He has been competing for the UK since 2006 and was/is the 2012 and 2014 Great Britain champion.

Nigel Williams MIC

Since 1997 Nigel has been Head of Training / Deputy Principal at the Scottish National Outdoor Centre, Glenmore Lodge from which he recently retired. During his first career in the army he spent many years based in Norway teaching mountaineering and cross-country skiing. He commanded the remote sub Antarctic Island of South Georgia just after the Falkland war and took part in five major Himalayan expeditions including two to Everest where he reached 8000m on four occasions without oxygen. He likes the Arctic and cold climates having spent more than 365 nights of his life snow holing! Since leaving the military in 1993 Nigel has worked in outdoor education and enjoyed further expeditions in the Himalayas, Alaska, Morocco and Greenland including a 26-day crossing of the Ice cap following Nansens' original 1888 route. Nigel's outdoor qualifications include the Mountaineering Instructors Certificate (MIC), International Mountain Leader (IML), BASI Nordic ski instructor and Level 3 orienteering coach. He has just published his first book; **Teaching Navigation**. Nigel is a long-time contributor to this course and the WMT Morocco expedition. (April '18)

Elsbeth Murray MBChB

Elsbeth is an FY3 doctor. She is a WMT alumni and started her expedition medicine career with a 3-week-long trip on Kilimanjaro, looking after 400 university students with Jodie Blackadder-Weinstein. She worked in rural South Africa on her medical elective and is currently working in rural Scotland in General Surgery - where there is less TB, but many of the same logistical problems. She is a proud marathon and ultra-marathon runner, but her strongest passion lies in skiing. She learnt to ski at the age of 4, in the Scottish Highlands, and has since become a BASI qualified ski instructor and most recently made her dream of heli-skiing come true.

