

#### How to submit a Wilderness Medicine Case Report to WMT

Thank you in advance for considering to do so. We first suggest that you email us a short summary of your case before writing it up. This is mainly to maintain a breadth of subject matter over the planned publication dates and to discuss with you a time-frame for submitting your completed submission. Lay-people and medics are invited to submit cases. Once we've accepted your summary, please submit your details and case in the following format.

### Title of case

Your Title, name + post nominals (if you wish)

Month / Year of incident

#### Consent

Ensure that consent has been gained from the patient in your case using the form below (completed form to be submitted along with your case). If there are problems gaining consent, please contact WMT for advice.

## Submission format – editing by WMT

Please follow this advice to avoid unnecessary work on your part. Use this template and headings to structure your case BUT please <u>do not</u> format your work with underlining, double spaces between sentences, bolding, indenting etc. as is this all "lost" when "dropping" your work into the email template (MailChimp). Any font and font size can be used. Send us a Word document

as an attachment (not a PDF). Do not imbed photos, images, diagrams into the text. Add a note to indicate where these should go in the text but images need to be sent to WMT as separate files (not too big) with a label and credited as appropriate. Make it clear to us if images need to anonymised in any way (to obscure faces, logos and such) if they have not already been edited. WMT's Newsletter editor will "tidy up" submissions for grammar, readability, clarity, "voice" and such and the final edit will be approved by the Medical Director. We will endeavour to let the originating author have sight of the final draft version before publication.

Please adhere to the maximum suggested work limit for each section. The total word count for a case report is strictly limited to 800 words.

### Introduction

The introduction should be an overview of the case as well as setting the scene and stating your aim(s).

Section approx 100 words.

# Case description

A timeline of events incorporating any assessment, acute clinical management and evacuation. Detail any investigations and outcome.

Section length up to 300 words.



Figure ? – Acknowledge photographs if taken by someone else



Figure ? – Ensure x-rays are anonymised

# Discussion

Why was this case interesting?

What have you learnt and is there learning for the wider wilderness medicine community?

Has similar management been documented elsewhere that you're aware of? If so, reference appropriately.

Section length up to 300 words.

# Conclusion

What are your conclusions – answer your aims stated in the Introduction? Section length up to 100 words.

# References

References should be numbered, footnoted and in Vancouver style. <u>http://guides.lib.monash.edu/citing-referencing/vancouver</u>

# Medical Director's Comments

The Medical Director will review the case and highlight any shared learning.

Thank you in advance for your contribution.

Barry Roberts

WMT Commercial Director





#### **Consent form**

#### For a patient's consent to publication of information about them on the Wilderness Medical Training (WMT) website as part of a Wilderness Medicine Case Report for use in shared learning.

Name of patient described in the article or shown in photographs:

Subject matter of article:

Title of article:

Corresponding author:

I.....give my consent for his information about myself relating to the subject matter above to appear on the Wilderness Medical Training website as part of a collection of Wilderness Medicine Case Reports to be used for shared learning.

# I have seen and read the draft material to be submitted to the WMT website.

I understand the following:

- 1. The information will be published without my name attached and WMT will make every attempt to ensure my anonymity. I understand, however, that complete anonymity cannot be guaranteed. It is possible that somebody somewhere may identify me.
- 2. The text of the article will be edited for style, grammar and length by WMT.
- 3. The information will be published on the WMT website which is open access.
- 4. WMT will not allow the information to be used for advertising or out of context.
- 5. I can revoke my consent at any time before publication on the website but if consent is not revoked until after publication, WMT can remove the case report from our site but cannot guarantee complete removal from the www.

#### Signed

Date