



## **TEACHING TEAM**

**Dr Harvey Pynn** MA FCEM DMM (UIAA) DMCC DTM&H DiplIMC,  
WMT Medical Director & Chamonix Course Director



Harvey is a Consultant in Emergency Medicine at Bristol Royal Infirmary and an Honorary Consultant and clinical governance lead in Pre-Hospital Emergency Care with Great Western Air Ambulance. He has undertaken several operational tours across the world whilst serving in the Armed Forces. Harvey has completed more than 10 expeditions worldwide – mainly in mountain and jungle areas (both as leader and doctor). He holds the Mountain Leader award and is an ALS, APLS and MOET Instructor. Harvey has particular interests in trauma, environmental and tropical medicine and has completed the diplomas in mountain medicine and medical care of catastrophes. He completed the diploma in tropical medicine in London in 2011.

Amongst his many publications Harvey recently authored a guideline for expedition medic paper with the Faculty of Pre-hospital care at the Royal College of Surgeons of Edinburgh. He is a contributing author to the 2nd Ed of the Oxford Handbook in Expedition and Wilderness medicine. Harvey medically advises Nord Anglia education in their international outdoor education programme. He is the educational supervisor for a number of expedition medicine clinical fellows in Bristol and supervises a popular SSM for Bristol medical students learning about wilderness medicine. On the expedition front, in April 2010 Harvey completed the gruelling Marathon de Sables in Morocco for the charity Mencap and more recently took part in a medical research expedition to the Cordillera Real of the Bolivian Andes. Harvey was appointed WMT Medical Director in August 2013 after 10 years of teaching, developing and directing WMT courses.

**Barry Roberts** BSc BEd, WMT Commercial Director

Baz has maintained a long-standing interest in adventure and wilderness medicine since ski patrolling, climbing and leading canoe expeditions in Canada starting at age 15. As a co-founder of WMT he has developed, managed and instructed on WMT courses since 1990. He was a Director of Raleigh International and has 40+ diverse international expeditions under his belt, mostly as the leader, and mainly to the mountains in East Africa, India, Nepal, Pakistan, Tibet and Greenland. He is an advanced diver, paraglider pilot, lapsed skydiver, a qualified Day Skipper, ski instructor and ski mountaineer. He is the co-author of *Staying Alive Off-piste*, a contributing author to the OUP expedition medicine handbook (3 chapters) and author of many adventure magazine features. From '04 to '08 he was an ambassador for The North Face. Expedition highlights include taking young cancer survivors to climb Mt. Kenya, attempting Everest



and guiding the first winter ascent of the highest mountain in the Arctic (Gunnbjornsfjeld in Greenland) from which he paraglided off. He is the course manager.

**TBC Dr Daniel Morris** BSc (Hons) MBChB FRCSEd(Ophth) MFSEM(UK) FRGS



Dan is a Consultant Ophthalmologist in Cardiff and Clinical Lecturer at Cardiff University. He trained in St Andrews, Manchester, Glasgow and Newcastle with an orbital fellowship in Vancouver. He is a Founder Member of the Faculty of Sport and Exercise Medicine and a Fellow of the Royal Geographical Society. Dan is an international authority on the effects of high altitude on the eye and has published and presented widely on this subject, including a contribution to the Oxford Handbook of Expedition and Wilderness Medicine. During his training he took time out to organise four separate research expeditions in Nepal, Bolivia, Tibet and Colorado, collecting the highest ever eye data on Mt Everest. Dan

is also passionate about world blindness, running an eye project in Kenya with the Samburu tribe and recently starting a community link between the Vale of Glamorgan and the people of Tororo in Uganda. Currently enjoying exploring the Welsh wilderness with his three young daughters, Dan has just completed a national ocular trauma study and is exploring new ways to measure retinal blood flow at high altitude.

**Dr Lucy Obolensky** MB ChB MRCS DTH&M DSEM

Lucy – known as Boo - is a GP and A&E staff grade in the Southwest, but her passion lies in running hospital partnerships in Kenya. She set up her first clinic in Kenya in 1997 and since then has founded the charity EGHO (Exploring Global Health Opportunities) which supports several health and social programmes throughout Kenya. Boo is the programme lead for the University of Plymouth's Global and Remote Healthcare MSc programme.

She maintains an active interest in wilderness medicine and enjoys working with challenging groups including disabled and adolescents. Her expedition experience is vast and includes trips across Africa, India, Tibet, Central and Southern America and Scandinavia with a variety of clients and companions. Lucy enjoys a variety of sports, particularly anything water based and is a keen long-distance triathlete, rower and adventure racer. Boo has spent much of the last year as a helicopter doctor when not on expedition looking after Sir David Attenborough on BBC filming expeditions.



**TBC Dr Carron Scrimgeour**, EM Consultant, Sallanches

Carron has a French mother and a British father and was schooled bilingually in Paris. He studied medicine at Edinburgh Medical School and was a house officer in Falkirk. Between 2002-2004 he studied emergency medicine in France, initially in Moutiers, working mountain rescue from the Courchevel base. From 2004 onwards he worked in Chamonix/Sallanches emergency medicine, progressing to consultant level in 2010. Between 2006 and 2012 he was a member of the esteemed PGHM (Peloton de Gendarmerie de Haute Montagne),



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the full-time mountain rescue team in Chamonix and was awarded the "Medal of Mountain rescue" in 2009. A keen climber, biker and skier, Carron has been on the ski-mountaineering circuit for the last 12 years and completed all the major races. He has been competing for the UK since 2006 and was/is the 2012 and 2014 Great Britain champion.

### **Dr Charlotte Verney** MBChB, BSc, MRCEM, MRCA, DiMM



Charlotte is an anaesthetic trainee, currently working as a Clinical Teaching Fellow. Previously she was an emergency medicine trainee. Following her second foundation year, Charlotte took a year out to follow her dream of becoming an expedition doctor. She travelled to South Africa, Lesotho and Nepal working with both charity and commercial groups. Since then she has worked as the expedition doctor in Tanzania, Iceland and Uganda in addition to pursuing her medical training. She has also worked on large scale UK sports events including the London Triathlon, and a charity cycle from John O'Groats to Lands' End, which she completed on her own bike a few years previously. Charlotte has loved skiing ever since she wore her first onesie aged 10 and to date, her ultimate expedition medic role was as school ski doctor in 2017 in Austria! She is an ALS Instructor and author of a few articles relating to expedition medicine in Trek and Mountain magazine. Charlotte recently completed the Diploma in Mountain Medicine in Nepal.

Charlotte is a regular contributor to WMT's Expedition Medicine winter course in Chamonix and the Morocco Mountain Medicine Expedition. In March 2019 she will also be on the Mountain Medicine on Skis teaching team in Chamonix.

### **Dr Nicola C T Wetherill** BM DMCC DMM

Nics is a GP trainee in the British Army. She joined the army to practise medicine in remote and challenging locations and has been the expedition doctor for some army wide expeditions alongside civilian expeds to Kilimanjaro. She is particularly passionate about all forms of skiing and cold weather medicine and recently led the first all-female team across Antarctica using muscle power alone. Nics has completed the Diploma of Medical Care of Catastrophes and the Diploma in Mountain Medicine.

